



Annwyl rhieni/ gwarchodwyr,

Diweddarriad i neges dddoe gan Mr Robin Boston, cyngor cymuned Glyntraian.



20/7/23

Rydym yn mynd i gynhyrchu prydau am ddim (**i'r plant hynny sy'n gymwys i gael PYDd yn ystod y tymor, yn seiliedig ar eu hamgylchiadau**). Os yw eich plentyn yn derbyn prydau ysgol am ddim ar hyn o bryd, y nod yw sicrhau bod y prydau ar gael trwy gydol y gwyliau ysgol i chi. Rydym yn bwriadu gwneud y gwaith paratoi ar ddydd Mawrth a chwblhau'r coginio'r diwrnod canlynol.

Mi fydd y prydau yn cael eu paratoi yn Neuadd Goffa Oliver Jones a dylent fod ar gael mewn pryd rwan ar gyfer **dydd Gwener 28ain o Orffennaf.**

I ddechrau, mi fydd dewis o dri: Cottage pie, pasta mewn saws tomato a phastai pysgod ac mi fydd y prydau yn cael eu rhewi.

1. I ddechrau 3 phryd y plentyn yr wythnos yn dibynnau ar y galw.
2. Casglu pob Dydd Gwener
 - (a) Neuadd Oliver Jones Hall 4.30 - 6.30yh
 - (b) Canolfan (Glyn) 12.00 - 1.00 yp
 - (c) Llanarmon (Warm space) 1.00 – 2.00yp
3. Mi fydd prydau ar gael nes bydd yr ysgol yn ailddechrau ym mis Medi.

Rydym wedi bod yn cynnig prydau cost isel i gryn dipyn o oedolion sydd wedi bod yn cael trfferth gyda'r argyfwng costau byw. **Ni ddylai rhieni felly deimlo'n betrusgar mewn unrhyw ffordd wrth ddod ymlaen i hawlio prydau bwyd, nid ydynt ar eu pen eu hunain!**

An Update following yesterdays message from Mr Robin Boston, Glyntraian community council.

We are going to produce free meals for those (**children who qualify for FSM during term time, based on their circumstances**). If your child currently receives free school meals, the aim is to make the meals available throughout the school holidays for you. We plan to do the preparation on Tuesday and complete the cooking on the following day. The meals will be prepared at the **Oliver Jones Memorial hall** and should be available in time for **Friday 28th July.**

1. Meals available to start: Cottage pie, meat pasta, fish pie and the meals will be frozen.
2. Initially 3 meals per child per week contingent upon demand.
3. Available each week starting from Friday 28 July.
4. Collect on Friday each week from
 - (a) Oliver Jones Hall 4.30 - 6.30pm
 - (b) Canolfan (Glyn) 12.00 - 1.00 pm
 - (c) Llanarmon (Warm space) 1.00 – 2.00pm
6. Meals will be available until school restarts in September.

The Oliver Jones kitchen is well equipped and has a 5 star hygiene certificate. For some time now, been offering low cost meals to quite a number of adults who have been struggling with the cost of living crisis. **Parents therefore should not feel in any way hesitant in coming forward to claim meals, they are not alone!**