**Headmistress/Prifathrawes: Mrs Lora Sockett**

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April 2024

**Dear Parents/Guardian,**

Welcome back, Hope you all had a lovely Easter.. Here is some information for this Summer term.

| **Summer term** This term our inquiry is all about Health and Well being and the 5 ways of well being. We will be looking at what choices we make to ensure we have a healthy lifestyle. We will be learning about parts of the body, Healthy eating, mindfulness, emotions, keeping safe and people who help us. We will also be using a new well being programme called My happy mind to help all pupils with dealing with their well being and understanding how our brain works. There will be a parent app to follow. More information will be provided later in the term.  | **PE**PE will take place on Wednesday mornings. Please provide your child with appropriate tracksuit bottoms/joggers and white t-shirt, school jumper/ cardigan and suitable trainers.  | **Nursery/ Early entitlement pupils only** If your child is attending cylch in the afternoon- your child can have school dinners. Unfortunately they are not free school dinners until they are in the reception class. Any inquiries speak to School secretary Mrs Williams at the school office. **Nursery PE day is Thursday** .  |
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| **Forest school Reception- year 2 only.** Forest school will start on Friday. Pupils will need to wear appropriate clothing and wellies. Please ensure your child has a waterproof coat.  | **Healthy Snacks and Water Bottles**Please make sure all bottles and snack pots are labelled. Please provide your child with a healthy snack.  | **TASK - Reception- Year2 pupils only.** Please can your child bring into school something that is special to them. This can be an item or a picture of a person. The pupils will need to be able to talk about this item or picture. They will be kept safe and the pupils can return them home.  |
|  **Reading & spellings**Please can you read with your child and bring in their reading books every day. Please practise spellings with your child- spelling tests on Thursday mornings.  | **Uniform** Please ensure that your child’s name is labelled on each item of their clothing. Please provide your child with a warm coat.  | **Seesaw** Activities your child has taken part in will be uploaded onto Seesaw.  | **Contact** Any problems please do not hesitate to contact me at school or on seesaw available week days 8-5pm. For any messages, please ring the School office between 8.50-3.15pm Or email RichardsE221@hwbcymru.netIf you have any concerns or queries, then please contact me and I will be happy to help. |
| Diolch yn fawr, Miss E Richards |