

LOVE TO RUN FREE

WOMEN AND GIRLS ONLY

Sign up online or
contact Active Wrexham

QUEENSWAY STADIUM

AGE: NO AGE LIMIT

DAY: WEDNESDAY

TIME: 4.45 – 5.30PM

LAPS, SPRINTS, TECHNIQUE AND FUN GAMES!

INCLUSIVE SESSION FOR ALL SKILL LEVELS



For more information, email activewrexham@wrexham.gov.uk



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EGNIOL**

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wreccsam